



Dear Surgery Center Guest,

Welcome to Northwoods Surgery Center. Please read the following for important information regarding your surgical procedure.

- Your surgeon's office will contact the registration personnel at Northwoods Surgery Center and provide them with your demographic and insurance information.
- A nurse from the Surgery Center will call you regarding your procedure one to two days prior. The nurse will ask you questions about your medications, dosages, medical and surgical history. Based on your medications and history; diagnostic lab tests, x-rays and EKGs **may** need to be completed prior to your surgery. These are not routinely performed on all surgical patients. You will be instructed by the surgeon's office of when and where you need to go to complete identified tests.
- You will be going home the same day. It will be **required** that someone else drive you home. If you are using public transportation to return home, you **must** have a responsible adult to escort you home. It is **strongly suggested** that you not drive for the remainder of the day and that someone stay with you until the following day.
- Call your surgeon's office if you develop a cold, sore throat, fever or any other illness that occurs within 48 hours of your surgery.

FASTING BEFORE SURGERY:

- **FOOD/WATER: A nurse from the Surgery Center will provide fasting instructions.**
- Your prescription medications will be reviewed during the interview and those indicated may be taken with sips of water on the day of surgery.
- No oral hypoglycemic medication or insulin on the day of surgery.
- PLEASE no gum, breath mints or chewing tobacco after midnight.
- PLEASE do take a shower the morning of surgery.
- Brush your teeth, rinse and spit without swallowing the water.

WHAT TO BRING:

- Bring your insurance card and photo identification.
- Please DO NOT apply makeup, deodorant, creams or lotions.
- Bring a case for contacts, glasses and dentures.
- Leave ALL jewelry and valuables at home as the Surgery Center will not be responsible for valuables.
- Wear loose fitting comfortable clothes.

Your surgery is scheduled for: _____

If you have any questions, please call.